

7.13a Wellness Grant - Branch Application

NBSRT appreciates the contribution of an annual \$2000 Wellness Grant from the NBTF Group Insurance Trustees. Branches are encouraged to apply for funding from this grant. Each of the 10 branches is eligible to receive a minimum of \$200 to support a new local wellness activity/initiative. There is potential for additional funding to a cap of \$400.

Wellness activities are those that reflect any of the following dimensions:

- | | | |
|------------------------|--|-------------|
| Emotional | Mental | Physical |
| Social | Environmental | Nutritional |
| Volunteer/Occupational | Spiritual (<i>meaning & purpose</i>) | |

SUBMIT APPLICATIONS TO: NBSRT President

DEADLINE: December 31st of each year

Branch: _____ **Application Date:** _____

Wellness Contact	Email	Telephone
Planned Activity Title	Date	Projected Cost
		\$ _____

Activity Description:

On completion of the approved wellness activity, the Branch will be expected to submit a brief report (*Wellness Grant - Branch Report*). Branch reports will be compiled in an annual NBSRT report to the NBTF Group Insurance Trustees.