

CHANGE TO OUR NBTF GROUP INSURANCE

The NBSRT Group Insurance Committee would like to inform you that the NBTF Group Insurance Trustees have made a change to our plan in relationship to the use of Paramedicals. This change will be in effect on January 1, 2023.

You will now be able to claim up to \$4,000 for the use of Paramedical Practitioners in a calendar year. This will allow you to use any combination of Paramedical Practitioners. For example, you could claim just one Paramedical for the full amount or many different Paramedicals. This would definitely help the many who had concerns about the previous Physiotherapy limit.

PLEASE NOTE, as was mentioned in the Trustees Communique, there will be NO EXTENSION of the \$4,000 yearly maximum. **Use wisely**, is the strong recommendation.

The following Paramedical Practitioners are covered by our Plan without the need for a prescription:

Chiropractor
Physiotherapy
Speech Therapy
Psychology
Podiatry/Chiropodist
Osteopathy
Naturopathy
Massage
Counselling Services
Occupational Therapy
Nutrition Counselling
Hypnotherapy
Athletic Therapy
Reflexology
Cardiac Care Therapy
Active Release Therapy
Manual Lymph Drainage
NAET is covered by our plan, but a PRESCRIPTION is required.

Some Paramedical Practitioners must be on an approved list. If in doubt, check with Johnson Insurance at 1-800-442-4428.

The NBSRT Group Insurance Committee hopes you find this information helpful and wishes everyone a safe and happy 2023.